

# Do you enjoy listening to music .



## Playing it is even more enjoyable!

Chalfont St Peter based Masters degree qualified piano teachers, with over 50 years of teaching experience, **David & Kate Meacock**, list other benefits of piano playing:

- Apart from the tremendous enjoyment of playing your own 'live' music, learning the piano will enhance the development in the young, and maintenance in the old, of both mental capacity and physical co-ordination.
- It can be started or resumed at any age (we recommend piano lessons from 6 onwards).
- The piano is one of the few instruments which, because you can play many notes simultaneously, enables you to create a full texture without the need for others, but equally can be part of an ensemble.
- A couple of years learning the piano will give a solid foundation for making rapid progress learning an orchestral instrument and/or singing or for non-classical styles of music - and also makes understanding music theory easier too, because you can see it in front of you.
- Playing a musical instrument uniquely requires the combination of sports co-ordination, mathematical intellect and emotional engagement. No wonder recent scientific brain research found playing music uniquely engaged the whole brain, producing what was described as "a firework display" on monitoring equipment!
- Physically, playing the piano increases hand strength (even increasing the glove size of a leading maxillofacial surgeon), ambidexterity and promotes good sitting posture habits equally used for computer keyboard work.

# PIANO LESSONS

for adults and children, of all ages and standards  
at your home or on top pianos at ours in Chalfont St Peter



## David Meacock

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## Kate Meacock

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For further details, including biographies,  
please see the Piano Teaching page of

[www.davidmeacock.com](http://www.davidmeacock.com)

or call **01753 886005**



Typical of feedback is the following from a GP who played the piano to about Grade 7 as a youngster, and whose mother also teaches the piano elsewhere, who bought their house off a family of our former pupils:

*"X is perhaps too little to realise how fortunate she is to have a music teacher with not just the technical ability to play the instrument, but the skill and patience to be able to teach and communicate information at the level of where she's at. So, I just wanted to say thank you, on her behalf, and I hope that one day she will have the maturity to be thankful of this herself. Thank you also for allowing me to sit in - every time I do, I am not only able to help her in the week, but it gives me a new appreciation of how lucky we are to have you as her music teacher."*

